

Life and
Discipleship



THREE-PART COURSE

Healthy You: Healthy School

Part 1: A Focus on You, the Leader

Led by Derek Holbird, Alan Flintham and Andy Wolfe

Friday 22 March 2019

Waverley Abbey House, Surrey

CWR

Courses, Seminars and Events

www.cwr.org.uk/courses

'This is the first of a three-part school leaders' development series enriching school life.'

Healthy You: Healthy School is a new and exciting initiative which seeks to provide leaders and their staff teams with the tools to create a healthy school atmosphere where everyone thrives. In this, the first of three workshops, they will be encouraged to explore how to bring zest into learning and a love for life, while keeping themselves happy and healthy.

Future events and dates:

Course 2 of 3–Healthy You: Healthy School:
Energising the Team Around You– Fri 28 June 2019

Course 3 of 3 – Healthy You: Healthy School:
Wellbeing for Every, Single, Child–Fri 15 November 2019

This series of events will be wholly appropriate for inclusion in your own and colleagues' performance management CPD, and thus qualifies for school funding.

Friday 22 March 2019

2 – 8pm at Waverley Abbey House
(Arrival and refreshments 1.30pm)

£60 including dinner

Early bird or group booking offer available.

TUTORS

Derek Holbird has served as a head teacher in London and Director of Education for Guildford Diocese, and is a curate at St Alban's Church, Hindhead. Derek was a trustee of The Stapleford Centre and serves on the board of CWR. **Alan Flintham** is the author of *Reservoirs of Hope: sustaining spirituality in school leaders*. **Andy Wolfe** is the Deputy Chief Education Officer for the Church of England.

VENUE

Waverley Abbey House is situated just two miles from the town of Farnham, Surrey – less than an hour's train journey from London Waterloo and within easy reach of the M25 and M3. The house is a listed (Grade 2*) property and for courses and accommodation access is by stairs only.

BOOKING INFORMATION

Residential places

Download the course booking form and send it to us or call 01252 784719

Non-residential or day places

Book online: cwr.org.uk/courses
or call 01252 784719

For terms and conditions, please see booking form or visit cwr.org.uk/courses/tc

CWR, Waverley Abbey House,
Waverley Lane, Farnham, Surrey GU9 8EP
Tel: 01252 784719
Email: courses@cwr.org.uk
Website: cwr.org.uk

CWR is a Limited Company registered in England
– Registration No. 1990308
CWR is a Registered Charity – No. 294387